

#Frayme2023

Day 1

VIRTUAL
ZOOM



February 22

12:00 EST 11:00 CST **09:00 PST**

Opening Plenary: How to Build Collaboration Across Intersecting and Complex Issues

13:30 12:30 **10:30**

Networking

Time to visit virtual posters and meet others

14:00 13:00 **11:00**

Concurrent Session Block 1

1C

Empathy and Compassion in the presence of Personal Discomfort: Applying a trauma-informed lens to dismantling substance use stigma | **Starlings Community INC**

Working with caregivers in your community: Adapt the "The Unofficial Survival Guide to parenting a young person with a substance use disorder" | **Canadian Centre on Substance Use and Addiction (CCSA)**



15:00 14:00 12:00

Concurrent Session Block 2



2 C Erase the Shame: A Conversation around South Asian Youth Mental Health | **Foundry BC** and **University of British Columbia**

Culture as Intervention: The Role of a Backbone Team & Partners in Supporting Indigenous Programming | **Huddle**

16:00 15:00 13:00

Networking Session Reception | Hosted by **Habitus UK**

17:00 16:00 14:00

Concurrent Session Block 3

3 C The Story of Impact: Designing and Implementing a Youth-Centered Impact Measurement Strategy | **Choices for Youth**

Collaboration from Coast, to Coast, to Coast: Partnership and Investment within the Sector | **Frayme** and **CAMH**

18:00 17:00 15:00

Networking

Time to visit virtual posters and meet others

18:30 17:30 15:30

Concurrent Session Block 4



4 C Building a Provincial Africentric Youth Engagement Strategy: The Black Youth Advisory Panel | **Centre for Addiction and Mental Health (CAMH)**

Journey towards Organizational Anti-Racism | **Foundry BC**

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Day 2

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February 23

12:00 EST 11:00 CST **09:00 PST**

Concurrent Session Block 5

5 C

The Magic of Community Design | **Youth Hubs Alberta** and **CMHA AB**

Co-Designing Youth Hubs: Myles Ahead! | **Myles Ahead, Advancing Child & Youth Mental Health**

13:00 12:00 **10:00**

Concurrent Session Block 6

6 C

How Can You(th) be Successful in Transitioning to Adult Care: Youth identified skills needed for patient navigator interventions | **University of Calgary** and **Alberta Children's Hospital Research Institute**

Mapping Youth & Natural Support Networks: Leveraging New Methods for Person-Centered Service Planning & Delivery | **HelpSeeker**

14:00 13:00 **11:00**

Networking

Time to visit virtual posters and meet others

14:30 13:30 11:30

Concurrent Session Block 7

7C

Nothing For Us Without Us: Developing solutions with and for Equity Deserving Populations | **Kids Help Phone**

“From data to delivery”: Building Blocks for Enhancing Health Equity in Youth Mental Health and Substance Use Services | **Youth Wellness Hubs Ontario**

15:30 14:30 12:30

Networking

Time to visit virtual posters and meet others

16:30 15:30 13:30

Concurrent Session Block 8

8C

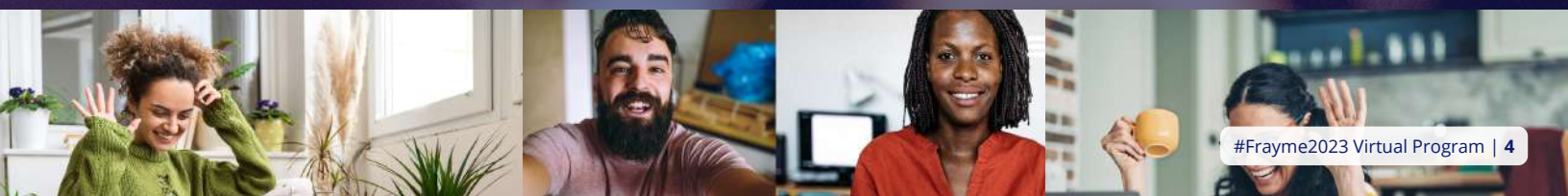
Frayme's Knowledge Mobilization Fellowship Showcase | **Frayme**

17:30 16:30 14:30

Closing Plenary

19:00 18:00 16:00

END



POSTERS

In Person

- Ten things trans and non-binary youth want researchers to know about gender: A case study of meaningful youth engagement in research co-design | **CAMH**
- Enhancing Partnerships between Schools and Youth Hubs for Mental Health and Well-Being: OUR JOURNEY IN MOBILIZING COMMUNITIES | **NorWest Co-op Community Health**
- Engaging youth in SCY-Well's pilot proof-of-concept study: Exploring the essential 'messiness' of youth engagement in clinical mental health research | **CAMH**
- Using Racial Caucusing to Support an Anti-Racist Workplace | **Foundry BC**
- How YOUth can bring Integrated Youth Services to your communities: A toolkit for transforming the youth mental health and substance use system one hub at a time! | **Frayme Groundbreaker**
- The Best We Have to Offer: Youth Suicide Prevention and Mental Health Services Review | **NB Youth Advisory Committee for the NB Youth Mental Health and Suicide Prevention Services Review**
- Positive Childhood Experiences as Protective and Promotive Factors for Mental Health and Well-being in Youth | **Simon Fraser University**
- Strategic Recruitment of People with Lived Experience (PWLE) | **Frayme**

Virtual

- Youth-friendly research methods and adaptations within a Delphi context: a youth engagement approach | **CAMH**
- Engaging youth in the planning, design, and execution of a clinical trial: the YouthCan IMPACT study | **CAMH**
- A Melanated Guide to Mental Health | **Jesneet Brar**
- With, About and For: Engaging Youth Research Collaborators in Exploring Youth Mental Health in the Covid-19 Pandemic | **University of Alberta**
- Co-creating communities of connection, belonging and hope through the National Campus Peer Support Pilot | **Campus Peer Support**
- The Campus Assessment Tool: Improving Student Mental Health Through Collaboration and Research | **Jack.org**
- It's time to Be There for Youth Mental Health: How to get the knowledge, skills and confidence you need with the Be There Certificate | **Jack.org**
- Secondary school staff confidence and worries about delivering mental health content | **Jigsaw**
- Experiencing Hate on University Campuses: Online and Offline | **Wilfrid Laurier University**
- Identifying and Supporting Community Mental Health, Service Needs, and Gaps in Care: The YWHO Equity & Youth Opportunities Fund | **YWHO**
- The Co-Design Initiative: The Power of Lived Experience | **THE CO-DESIGN INITIATIVE**
- UNDERSTANDING MENTAL HEALTH, STATISTICS, RESOURCES AND TIPS FOR YOUTH AND CAREGIVERS | **YouthSpeak**
- Meaningful engagement that minimizes harms: youth and family perspectives | **EENet YE/FE Community of Interest**