

FAQ: Knowledge Mobilization Fellowship 2023/2024 FAQ

What is the Frayme Knowledge Mobilization Fellowship?

The purpose of this fellowship program is to provide an intensive six (6) month training opportunity, leading to the skill development for four (4) members of Groundbreakers, one (1) previous Fellow taking on a leadership role as a peer mentor, and knowledge products produced and disseminated within the youth mental health and substance use (YMHSU) system. This means that through this program, Fellows have the opportunity to:

- 1) Gain and enhance skills related to professional knowledge mobilization
- 2) Meet new people and connect with organizations
- 3) Lead and/or support the publication of a knowledge product through Frayme channels

The skills gained through this experience will ultimately contribute to the Fellow's competitiveness in the employment and academic sphere. In addition to the skills gained, connections made, and knowledge produced, each participant will receive a certificate of completion and a letter of reference at the end of the program.

What might a Knowledge Mobilization product look like in this context?

Fellows will be expected to create a dissemination-based product based on a Fellow's chosen area of interest and matched by network feedback and ongoing Frayme needs. Some examples of previous Fellowship products can be found [here](#).

Upon acceptance to the Fellowship, the Frayme team will work with Fellows to gauge their interest areas and match them to a specific project. Then, Fellows will be able to design and create a knowledge product of their choice. These products may include:

- Summary report or plain-language brief
- Infographic or fact sheet
- Blog post
- Comic
- Zine
- Poster
- Social media assets



- and many more creative possibilities!

Sounds neat, what are the learning outcomes?

Upon successful completion of this Fellowship, participants will be able to:

1. Build and implement knowledge mobilization strategies adapted to the needs and goals of the youth mental health and substance use system
2. Identify and use evidence from a number of sources and disciplines, and present evidence in ways that make information accessible, relevant and applicable
3. Turn knowledge into action and support the development of evidence-based processes, policies and programs

What is the responsibility of each fellow?

Through this program, each Fellow is expected to:

1. Co-design and create a KMb product with another Fellow;
2. Co-develop a short-term KMb strategy to scale out the knowledge product with their Fellow colleague and Frayme; and
3. Participate in the 2024 [Learning Institute](#).

This may sound like a big task, but not to worry, the Frayme team and peer mentors will be available to support! Specifically, Fellows will be given a detailed orientation package that provides important information, such as the expectations around the quality, type and topic of knowledge products. This way, each Fellow has a launchpad to hit the ground running! The full role and responsibilities, including compensation and payment schedule, will be noted in a detailed letter of agreement. Beyond that, there will be regular individual and group check-ins to provide guidance and support throughout the duration of the program.

Fellows will be working alongside one other Fellow to co-lead this work and will be provided allyship and KMb content reviewing by at least one Frayme team member throughout the course of the Fellowship (hours can be flexible to account for Fellows' schedules). During this time, the #FraymeFam will also host various training sessions on topics related to knowledge mobilization. All Fellows will be expected to attend the training sessions, either live or through watching follow-up video recordings.



What is the time commitment for each Fellow?

Over the course of six (6) months (from September 2023-February 2024), Fellows will be expected to commit up to 80-100 hours. See the breakdown below:

- 12 hours per month of **independent work** (i.e., researching, writing, etc.)
- 2 hours per month of **allyship**, whether peer-to-peer support or allyship from the Frayme team
- 4 hours a month for **group work with partners**
- 6 hours per month for **training activities** from September-November
- 4-6 hours in February to participate in the **2024 Learning Institute**
- 1-2 hours over the course of the Fellowship to complete **evaluation/feedback surveys**

It is important to note that some activities will be done independently, while other activities will be done with peers. For any group activities, the #FraymeFam will accommodate the needs of participants, such as exploring dates and times that are accessible for all (including those that are outside of the regular 9am-5pm EST).

This sounds like a big commitment. What do Fellows have access to for participating?

Through this Fellowship, participants will have access to:

- 1) Skill building activities
- 2) Connection building
- 3) Resources to publish a piece of work through Frayme channels
- 4) Fellowship Certificate & Letter of Reference
- 5) Honoraria \$30/hour for up to 100 hour across 6 months

If you have any other questions, comments or concerns, please feel free to connect with the Frayme Engagement team at Frayme.Engagement@throyal.ca