Wellness in a Wired World
THE 2023 KNOWLEDGE SERIES
POWERED BY FRAYME

**please note that the program timing is in Eastern Time**

**DAY ONE**
**November 1, 2023**

1:00 - 1:10 PM  Opening remarks
1:10 - 2:10PM  Session 1: Insights and Innovations for e-Mental Health and Virtual Services
2:10 - 2:25 PM  Break
2:25 - 3:25 PM  Session 2: Next-Gen Solutions: Artificial Intelligence in Youth Mental Health
3:25 - 3:35 PM  Break
3:35 - 4:05 PM  Breakout rooms
4:05 - 4:45 PM  Debrief and closing remarks

**DAY TWO**
**November 2, 2023**

1:00 - 1:10 PM  Opening remarks
1:10 - 2:10 PM  Session 3: Shaping a Healthy Virtual Society for Youth
2:10 - 2:25 PM  Break
2:25 - 3:25 PM  Session 4: Thriving Online: Supporting Youth in a Rapidly Evolving Digital World
3:25 - 3:35 PM  Break
3:35 - 4:05 PM  Breakout rooms
4:05 - 4:45 PM  Debrief and closing remarks

#WWW2023