DAY): FEBRUARY 24, 2021

#Frayme2021 Program-at-a-glance (all times in EST)

10:00 - 10:30 AM	OPENING REMARKS A kick-off for the event with a brief introduction by the Learning Institute's host and a preview of what's to come for the next two days.		
10:30 - 11:30 AM	PLENARY SESSION I Featuring young trailblazers that are shaking up the system through advocacy, work and expertise guided by their diverse lived experience in order to address gaps, meet system needs and improve outcomes for young people and their families.		
11:30 - 12:30 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 1A Theme: Technology and Peer Support	CONCURRENT SESSION BLOCK 1B Theme: Supporting Service Providers and Practi- tioners	
	Presentation 1: Stella's Place duz txting wrk? Program Evaluation of BeanBagChat Peer Support App	Presentation 1: Wisdom2Action IYS staff at the centre with youth	
	Presentation 2: Timsle Peer Support and Technology: A youth-centered approach to mental health care	Presentation 2: Speakbox Person-Led Care Coordination	
12:30 - 1:00 PM	LUNCH EXHIBITOR BOOTH & POSTER VIEWING		
1:00 - 2:00 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 2A Theme: Cannabis Use and Lived Experience	CONCURRENT SESSION BLOCK 2B Theme: Service Innovation in Stepped Care	
	Presentation 1: Canadian Students for Sensible Drug Policy Get Sensible: A national cannabis education campaign, for youth by youth	Presentation 1: Kids Help Phone From the Frontlines: How Kids Help Phone is leveraging technology and data to support young Canadians through an adapted Stepped Care Model of Support	
	Presentation 2: Canadian Centre on Substance Use and Addiction Gendered Norms around Youth Cannabis Use	Presentation 2: McGill University Stepped Care, an Emerging Service Model in Youth Mental Health	
2:00 - 3:00 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 3A Theme: International Insights from Abroad	CONCURRENT SESSION BLOCK 3B Theme: Evaluating Virtual Innovations in Care	
	Presentation 1: Jigsaw Strengthening communities: Promoting youth mental health where young people live, learn, work, and play	Presentation 1: Foundry Using evaluation to inform the development of Foundry's Virtual Care service model	
	Presentation 2: Orygen Defying Convention in Global Mental Health	Presentation 2: Wood's Homes From Walk-In to Online: A Review of Eastside Community Mental Health Services' Walk-In Single Session Therapy Transformation	

3:00 - 3:30 PM

HEALTH BREAK | EXHIBITOR BOOTH & POSTER VIEWING

3:30 - 4:30 PM CONCURRENT SESSIONS

CONCURRENT SESSION BLOCK 4A

Theme: Eating Disorders Supports and Services

Presentation 1: Body Brave Revolutionizing Eating Disorder Recovery

Presentation 2: Eating Disorders Nova Scotia Embedding Peer Support within Your Organization

CONCURRENT SESSION BLOCK 4B

Theme: Families and Caregiving

Presentation 1: Family Navigation Project Supporting youth with mental health and/or addiction concerns and their families in their journey to accessing care

Presentation 2: Ontario Caregiver Organization Caregivers as Partners

4:30 - 6:00 PM

HACKATHON

The Frayme Hackathon will be an opportunity to work alongside others and brainstorm solutions to real issues in the youth mental health and substance use sector

DAY 2: FEBRUARY 25, 2021

#Frayme2021 Program-at-a-glance (all times in EST)

10:30 - 11:30 AM	HACKATHON The Frayme Hackathon will be an opportunity to work alongside others and brainstorm solutions to real issues in the youth mental health and substance use sector		
11:30 - 12:30 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 5A Theme: Cultural Contexts and BIPOC	CONCURRENT SESSION BLOCK 5B Theme: Data and Measurement	
	Presentation 1: Asra Culture as a Strength: Addressing Problems with Alcohol in the Punjabi Community	Presentation 1: Kids Help Phone Leveraging Canada's largest realtime e-mental health dataset for rapid response to COVID-19	
	Presentation 2: University of Alberta wakomakanak against anti-Indigenous racism	Presentation 2: Foundry Measuring What Matters: Development of a Measurement Curriculum for Service Providers working within IYS	
12:30 - 1:00 PM	LUNCH EXHIBITOR BOOTH & POSTER VIEWING		
1:00 - 2:00 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 6A Theme: Transitions in Care and Community Supports	CONCURRENT SESSION BLOCK 6B Theme: Suicide Prevention	
	Presentation 1: Lutherwood Crisis Continuum away from and through acute care for children and youth	Presentation 1: Wisdom2Action Exploring Youth Suicide Prevention Research Gaps in Canada	
	Presentation 2: Mount Sinai Hospital Peer Support in the Emergency Department: Support- ing transitional aged youth	Presentation 2: University of Alberta How Can Peer Support Programs be Used in Community-Based Youth Suicide Prevention?	
2:00 - 3:00 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 7A Theme: Youth and Family in Co-design	CONCURRENT SESSION BLOCK 7B Theme: Involving Youth in Communications and Knowledge Translation	
	Presentation 1: University of British Columbia The UBC Strategic Mental Health Research Youth and Family Advisory Council: Creation and Recruitment	Presentation 1: Cundill Centre Development of an online tool for best practices for supporting youth	
	Presentation 2: Canadian Centre on Substance Use and Addiction At the heart of co-design: Using an empathy map to uncover youth and family experiences	Presentation 2: Alberta Integrated Youth Services Initiative (Kickstand) Made With 100% Alberta Youth: Engaging Young	

Made With 100% Alberta Youth: Engaging Young People in IYS Brand Development

3:00 - 3:30 PM	HEALTH BREAK EXHIBITOR BOOTH & POSTER VIEWING		
3:30 - 4:30 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 8A Theme: Digital Service Innovations	CONCURRENT SESSION BLOCK 8B Theme: Exploring Youth Voices and Perspectives	
	Presentation 1: Wood's Homes A Coordinated Response Is Key: Lessons Learned from the Shift to Virtual Service Delivery in a Children's Mental Health Centre	Presentation 1: Jack.org The Youth Voice Report 2020: Sharing Youth-Identified Challenges and Solutions for Systems Improvement	
	Presentation 2: Wisdom2Action Exploring a Youth Mental Health Apps Database in Canada	Presentation 2: ACCESS Open Minds Engaging youth mental health stakeholders in peer-re- search through Photovoice	
4:30 - 6:00 PM	HACKATHON		

The Frayme Hackathon will be an opportunity to work alongside others and brainstorm solutions to real issues in the youth mental health and substance use sector

DAY 3: FEBRUARY 26, 2021

#Frayme2021 Program-at-a-glance (all times in EST)

10:30 - 11:30 AM	HACKATHON The Frayme Hackathon will be an opportunity to work alongside others and brainstorm solutions to real issues in the youth mental health and substance use sector		
11:30 - 12:30 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 9A Theme: E-Mental Health Service Innovation Presentation 1: Alberta Integrated Youth Services Initiative (Kickstand) MoreGoodDays – an e-mental health program to bridge the mental health treatment gap for the youth in Alberta Presentation 2: Sun West Distance Learning Centre Mental Wellness 30: An Innovative Online Mental Health Curriculum	CONCURRENT SESSION BLOCK 9B Theme: Substance Use and Vocational Supports Presentation 1: Foundry and CCSA Improving opioid treatment services for young people in BC: Key findings from a community-based study Presentation 2: Douglas Research Centre What works for work? Evaluating vocational interventions for youth with mental health or substance use problems	
12:30 - 1:00 PM	LUNCH EXHIBITOR BOOTH & POSTER VIEWING		
1:00 - 2:00 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 10A Theme: Peer Support and Resiliency Presentation 1: Just Be You Increasing Youth Mental Health Through Social-Recre- ational Peer Support (a grassroots model) Presentation 2: FIREFLY NW Thriving During Uncertain Times: How to Manage Your Wellbeing and Create a Self-Care Toolkit	CONCURRENT SESSION BLOCK 10B Theme: Youth Engagement and Lived Experience Presentation 1: YouthSpeak Youth Sharing Personal Stories of Lived Experience Presentation 2: Ontario Centre of Excellence for Child and Youth Mental Health Setting the standards for youth and family engagement: Reaching for the stars	
2:00 - 3:00 PM	CONCURRENT SESSIONS		
	CONCURRENT SESSION BLOCK 11A Theme: Harm Reduction and Substance Use Presentation 1: Head&Hands Harm reduction approach to drug education for youth Presentation 2: Foundry The Experience Project: Centering the voices of youth with lived and living experience of substance use to improve evidence-informed care	CONCURRENT SESSION BLOCK 11B Theme: Youth Co-Creation and Consultation Presentation 1: Alberta Health Services Taking the Lead: the Youth Facilitator Experience Presentation 2: Foundry The UBC Youth Research Advisory Panel: Moving From Consultation to Co-Creation	

3:00 - 3:30 PM

HEALTH BREAK | EXHIBITOR BOOTH & POSTER VIEWING

3:30 - 4:30 PM

CONCURRENT SESSIONS

CONCURRENT SESSION BLOCK 12A

Theme: Family Engagement

Presentation 1: Frayme Family Advisory Active Engagement and Community Growth - Building a Hub and Spoke Model of Family Engagement

Presentation 2: Youth Wellness Hubs Ontario Embedding Family Voice within Youth Wellness Hubs Ontario - Lend Your Voice!

CONCURRENT SESSION BLOCK 12B

Theme: Inclusion and Diversity

Presentation 1: Wisdom2Action Raising the Bar for 2SLGBTQ+ Youth

Presentation 2: Foundry Creating A Safe Environment for Youth in Research

4:30 - 6:00 PM

PLENARY SESSION II | CLOSING REMARKS

This plenary will feature youth change makers who are working to shed light on topics that are often left out of the conversation, so that we can collectively broaden our understanding of true system service and help youth and their families find the right help at the right time in the right place. It's time to fill the gap, not just avoid it.